



2022 GOALS

(SPECIFIC, MEASUREABLE, ACTION-ORIENTED, REALISTIC, TIME-SENSATIVE)

“A goal is a dream with a deadline.”

Financial (what do you want to save, pay off, major purchases)

- _____
- _____
- _____
- _____

Recreational (rest, fun, vacations, sports)

- _____
- _____
- _____
- _____

Physical (exercise, eating, weight)

- _____
- _____
- _____
- _____

Spiritual (study, devotions, prayer, witness, growth)

- _____
- _____
- _____
- _____

Social (events, relationships, date nights)

- _____
- _____
- _____
- _____

Educational (seminars, schooling, books, conferences)

- _____
- _____
- _____
- _____
- _____

BHAG (what could you reach if God supernaturally performed a miracle?)

- _____
- _____
- _____
- _____