

2023 GOALS

(SPECIFIC, MEASUREABLE, ACTION-ORIENTED, REALISTIC, TIME-SENSATIVE)

“A goal is a dream with a deadline.”

Financial (what do you want to save, pay off, major purchases)

- _____
- _____
- _____
- _____

Recreational (rest, fun, vacations, sports)

- _____
- _____
- _____
- _____

Physical (exercise, eating, weight)

- _____
- _____
- _____
- _____

Spiritual (study, devotions, prayer, witness, growth)

- _____
- _____
- _____
- _____

Social (events, relationships, date nights)

- _____
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- _____
- _____

Educational (seminars, schooling, books, conferences)

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BHAG (what could you reach if God supernaturally performed a miracle?)

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